



The Little Bulldog

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BULLIS

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World News

Hair Freezing Contest

By Clay Narcisenfeld

The hair freezing contest started in Whitehorse Yukon, Canada in 2011. People come from all over the world to participate. Contestants dip their hair in hot water and then let it freeze in the cold air. The goal is to create the most creative frozen hair possible. The winner gets a prize equal to \$750. The winner this year was Pierre-Michel Jean-Louis.

Google Doodles

By Jack Sandi

Have you noticed when you open the Google page, the Google logo looks different sometimes? This is called the "Google Doodle." It is basically decoding the Google logo depending on certain events happening that day. Google founders had this idea before they founded Google in 1998. In 2000, they made it official. Today, "Doodle" covers many holidays as well as events, days, anniversaries and even the idea of an ice cream sundae. So far Google has created over 2,000 doodles. There is even a "Google Doodle" division where they decide what events are going to be celebrated via "Doodle." The Google Doodle team loves hearing from Googlers and Google users. You can send your requests to proposals@google.com, but just remember you may or you may not get a response. They will however, look at what you sent them. In my opinion, it would be nice to have Bullis Doodle on Google.

Iditarod 2017

By Jack Sandi

The winner of Iditarod 2017 is Mitch Seavey, a third time winner. But, what is the Iditarod? The Iditarod is the dog sled race that takes place in Alaska during March, and it covers about 1,000 miles of Alaskan wilderness. Dallas Seavey, Mitch Seavey's son came in second this year. Mitch Seavey has won four times as well. (I guess it runs in the family.) There were some issues with the start of the Iditarod this year; there was not enough snow in Willow, which is where the race usually begins. As a result they had to move the start of the race to Fairbanks which caused the race to start a day later. This year there were 83 mushers-competitors that signed up, but 13 of them dropped out of the race before it started. The Iditarod takes over eight days and it involves 16 dogs for each team. The winner, Mitch Seavey, also broke the time record for the Iditarod by several hours.

Daylight Savings

By Anneke Lewis

On the second Sunday in March, at 2 am., we set our clocks ahead an hour to 3 am. On the first Sunday in November, we subtract an hour so it becomes 2 o'clock again. This is called daylight savings. We do this for many reasons. It used to be that we needed to change the clocks to help farmers have more daylight to work on their plants and animals. Now, most of the reason we use daylight savings is because we save on energy, electricity and money. The days in the summer, after the clocks are moved ahead on the 2nd Sunday in March, are called daylight time and the day in the winter, after the clocks are set back on the first Sunday of November, is called standard or regular time. We used to switch to daylight time and back to regular time at a different time of the year, but the laws were changed in 2007 to what they are now.

Not all of the world uses daylight savings time. Nor does all of the USA use it. Most of Arizona doesn't change and neither does Hawaii. Indiana started using daylight savings for the whole state in 2006. Before then, not all of the state used it as only certain cities changed their time. Russia used to move the clock, but does not observe daylight savings anymore.

Benjamin Franklin was the first to come up with the idea for daylight savings. He thought of it when he woke up one morning while in France. His idea was to make the most of the time we have in daylight. First, Franklin convinced France to start using daylight savings time. Then, during World War I, many other countries started using daylight savings to save coal during the war. Some studies show that people are tired during the switch causing more work accidents. Other studies show that being able to go to and from work in the daylight is safer, so there will be less deaths of runners and cyclists. Some experts believe that using daylight savings doesn't save money because people pay more for air conditioning. This would be a bigger problem in hotter states like Florida. While still others, like owners of outdoor sports' places say that they are making money off of it. As you can see, many different people have different opinions on daylight savings. What's yours?

Dumbphones: Still in Demand

By Alisha Schruefer

Have you ever heard about dumbphones? They are those old-fashioned phones that don't have as many features as today's iPhones. They can only receive and make calls. The first cellular phone introduced in 1984 was the Motorola DynaTAC, and people loved it because of its simplicity. Smartphones were first released in the early '90's, but that didn't stop the growing popularity of dumbphones!

Unfortunately for all the Dumbphone companies, in 2007 the popularity of the Dumbphones was affected by the new release of the iPhone from Apple. Apple had already released the iPod and Mac, a personal computer. Yet despite the whopping popularity of iPhones ten years after they were introduced, dumbphones are still in demand today.

Why are these simple, cheap phones still a hit among some phone-lovers? That is because today's phones are becoming more expensive, more complicated to handle, and also because some people hate the feeling that when other people are around them, they are always looking at their phones.

Another reason to ditch the over-complex phones is that dumbphones have WAY longer battery life than smartphones. Let's compare it:

- Dumbphone battery life: 20 days
- Smartphone battery life: About 7-8 hours (varies by the type of smartphone).

There are even some people who use their smartphones during the day, but use their basic phones in the evening. Some people use dumbphones just to unplug from the modern, sometimes crazy, tech world.

Dumbphones don't have that many general uses, though. Some parents choose dumbphones to give their children if they want to call them. That way, they're cheap to replace if they get lost or broken. Some people want to buy a Dumbphone for elders because of their large buttons and how quickly the volume can get louder. This helps them hear better.

Here's a joke: If even basic, cheap dumbphones are too much for you, you can get the \$5 NoPhone. It's not even a telephone, just a black plastic rectangle. It's meant to be funny, but also shows how anxious we are about technology these days. Even though it is clear how much technology has changed since the first Dumbphones were introduced, it looks like there will always be a market for dumbphones.

Happiest Countries 2017

By Anneke Lewis

The 2017 happiest countries list has come out. In first is Norway followed by Denmark, Iceland and Switzerland. The US is in 14th place moving down from 13th last year. Countries are rated on freedom, health, income, generosity, social support and a trustworthy government. The “World Happiness Report” started coming out 5 years ago. Some of the studies show that the richest countries are not necessarily the happiest countries. Norway has gotten to the top by doing long term projects instead of short term actions.

Zealandia: Earth’s Hidden Continent

By Nathan Chen

Zealandia is a long narrow microcontinent that is mostly submerged in the South Pacific Ocean. A microcontinent is a landmass that has broken off of its main continent. Zealandia broke off from Antarctica about 100 million years ago, and then broke off from Australia about 80 million years ago. It is now centered around New Zealand, but also includes many coral reefs and other islands. Zealandia covers about 2 million square miles. That would make up half of Australia. Only 7% of Zealandia is above sea level. Many scientists have been arguing that Zealandia is a continent for the last 20 years. Zealandia has all the right features for it to be called a continent. If Zealandia becomes one, it would be the smallest. Scientists believe that Zealandia will soon be recognized and put on the map.

National News

Wiretapping

By Clay Narcisenfeld

On March 4th, Donald Trump used Twitter to accuse President Obama of wiretapping Donald Trump’s phone lines during the 2016 presidential election. Wiretapping is when the government secretly records phone conversations. In order to wiretap, the President has to get permission from the federal court. There is no evidence that this happened.

Girl Scout Cookies

By: Samantha Pepper

Congratulations to all Girl Scouts! They have been selling cookies for one hundred years. It all started with a troop in Oklahoma and now millions of girls are selling them. The top 5 cookies that were bought are below

1. Thin Mints
2. Samoas
3. Tagalongs
4. Do-si-dos
5. Trefoils

The one hundred years doesn't sound like a lot but it is. It's important because girls have been taught how to sell a product and run a business. Boys and girls didn't always have the same opportunity. Congratulations to all the Girl Scouts.

Health and Wellness

Eating Healthy

By Alexis Ewing

I decided to write on how important it is for kids to eat healthy. After reading and researching, I found out that eating healthy meals throughout the day give you energy because our bodies are always moving and changing. Healthy meals not only help you feel good, but keep your body at a healthy weight. When your body is at a healthy weight, you are less likely to have health problems like diabetes or heart disease when you grow up. Also when you feel good, you do better in school and have higher self esteem. If you don't eat healthy food, you will be tired and feel weak. It will be harder to participate in class and in PE. If you mainly eat junk food, like doughnuts and chips, you won't be ready for the day. Fatty and sugary foods don't give you the lasting nutrition, and you often end up crashing and feeling really tired and foggy. (It's ok to eat these yummy treats sometimes but not all the time.) When you eat foods high in protein like lean meats, low fat dairy, nuts, and vegetables you will stay energized longer. I also learned it is really important for everyone to drink lots of water throughout the day instead of sugary juices or soda. Your body is mostly made of water and runs better when you drink that. You will stay hydrated with healthy drinks throughout your day. Editorial: My favorite drink is coconut water which tastes so yummy, but is also really good for your body. Some of my favorite snacks are strawberries, blueberries, apples and yogurt. These are great snacks to keep you charged. I love to munch these kinds of foods right after school especially before I go to tennis practice. I feel full, focused and ready to compete. Another good snack I like that my mom lets me make is apples slices with almond butter, with a handful of blueberries on the side and a tall glass of coconut water. This is one of my favorite treats and so easy I can make it myself!

Importance of Sleep

By Elizabeth Martin

Getting enough sleep can help your body throughout the day. It is recommended for school aged children (6-13) to get 9 to 11 hours of sleep. Getting enough sleep can lower the risk of obesity. People getting less sleep may have trouble focusing, take longer time to finish things, and make more mistakes in school or work. Things with caffeine in them and lights from electronics also can affect your sleep and stimulate you. Stimulate means to stay awake because something around you excited or awakened your body. (I encourage you to get enough sleep because I think it can make you happier and feel better.)

Sports

Are the Washington Capitals the best team in the NHL?

By Matthew Halle

I think that the Washington Capitals are the best team in the league. They have had 55 wins and 18 losses this season. This places them at #1 in the NHL. There are 4 remaining games until the playoffs.

They have an amazing goalie Braden Holtby, and great defense. He has had 1,549 saves this season. Another amazing player on their team is Alexander Ovechkin. He is the team captain and had 33 goals this season. They have an amazing record and play together as a team really well.

Update: The Capitals reached the Stanley Cup playoffs round 1 and beat the Toronto Maple Leafs. Currently they are playing the Pittsburgh Pirates and have lost the first two games.

Interviews

Interview with Aryemis Brown

By Matthew Halle

Aryemis Brown is currently a senior at the Bullis School. He is heading to the Air Force Academy in the fall. He took time out of his busy schedule to meet with me and answer a few questions about his wrestling career at Bullis.

He has been wrestling for 13 years. He has been a counselor at the Bullis wrestling camp for the past 6 years. I was wondering how many awards he has won over the years. He said he has won over 100 awards. This year he was awarded the ALL MET WRESTLING FIRST TEAM HONORS. 3X IAC Champion, MD state champion and National Prep all American. He was recently in the Washington Post and featured as a winter All-Met best athlete.

The best part of wrestling for Areymis is making a lot of friends. He also said that wrestling is his favorite sport, and that he will continue to wrestle in college. I want to thank Aryemis for taking the time to answer all my questions.

Bullis Golf Coach Interview

By Drake Arnold

Q: How many people are on the team?

A: 15 people are on the team.

Q: How long do you practice?

A: We practice for 4 hours

Q: How many players are lefty and how many are “righty?”

A: 2 are lefty, 13 are “righty.”

Q: *Where do you practice?*

A: We practice at Falls Road.

Q: *Does the whole team participate in tournaments?*

A: Not all team members play. Usually 10 play.

It was a pleasure interviewing Coach Kane.

School News

Lion King Prep

By Nathan Chen and Elizabeth Martin

This year the musical, *Lion King Jr.* was performed by the fifth grade. We put a lot of hard work into this show. We made lots of different props and had two hour rehearsals most days leading up to the last couple of weeks before the performance. Parents and teachers also helped to make the costumes and other props. Ms. Franklin, an upper school arts theater teacher, made Pumbaa's costume out of foam. Mrs. R-H, our art teacher, constructed lots of cardboard cutouts that we painted and decorated. She also made headpieces for both Simba's (Nathan and Luke), Mufasa (Troy), Scar (Lance), and all the Lionesses. It was a lot of fun to practice, paint, cut, glue, dance, sing, and of course act! Thank you Ms. Kelly for all the work you put into the *Lion King*. It wouldn't have been such a fun experience without you! Great job to all the performers in the *Lion King Jr.*!

3rd Grade Play: Walking to Venus

"I wonder what we'll find along the way?"

By Alisha Schruefer

On Wednesday, April 12, the 3rd grade performed a play created by Mrs. Cohen's husband, Rob Cohen. Did you know that Mrs. Cohen helped her husband as the original director and producer of the play? Mr. Cohen was out one night and saw a gigantic full moon. He decided to write a song about walking to the moon, but then he thought that was too ordinary. That's how the idea for this play got started! Back when the play debuted in 2003 at Fallsmead Elementary School in Rockville, school pianist Nina Helwig called Mr. and Mrs. Cohen "the most talented people in this universe."

The story of this musical is about four campers who dream of walking to Venus. Their names are:

- Carly--played by Brooke Katz
- Ben--played by Nixon Lomax
- Emma--played by Cassie Sattin
- Gabe--played by Clay Narcisenfeld

They sing a song about the many stars in the sky and one about walking to Venus. Along the way, they meet many tribes. (These tribes are celestial.) The tribes each sing a song regarding their weird but interesting personalities. The tribes in order are:

- The Wrongorite Tribe, who believe in only one option
- The Whatif Tribe, who cannot decide about things
- The Wanna Tribe, who are very selfish

- The Joker Tribe, who love to laugh
- The Uno Tribe, who only speak one word at a time.

All in all, the campers never make it to Venus, but learn that you should listen to what others say, but always make your own decisions.

I thought the play was magical, in a way, because in reality, you can never walk to Venus, but you can learn from others in order to create new ideas and make decisions. I also thought that as you move up in your grades, everything in a play becomes more complex. For example, the choreography in that play must have been hard to remember! The cast and the actors did a really good job of portraying what it's like to walk to Venus, meet new people along the way, learn from their ideas, and make decisions based on every bit of information! Overall, it was entertaining for me to watch, and magical for everyone in the audience. Thank you to Mr. Cohen and Mrs. Cohen for creating the play, Mrs. Cohen for letting me write this article, and a big shoutout and congratulations to everyone in the 3rd grade!

Bullis Athletes Going to College

By Dilan Mendiratta

There are nine students that have chosen a college for their sports. There are four soccer players and five football players who have already chosen their college. The four soccer players are:

- Petr Janda, going to University of Maryland
- Jordan Sain-Loutis, going to George Washington University
- Jacob Freidlander, going to Loyola University of Maryland
- Jacob Denison, going to Loyola University of Maryland.

The following are the five football players:

- Jabreel Adonis, going to Eastern Kentucky University
- Devin Darrington, going to Harvard University
- Aiden Brown, going to Virginia Tech,
- Derrick Tangelo, going to Duke University,
- Damani Neal, going to Duke University.

The reasons why these student-athletes are going to their chosen school is not only based on the sport but also their interest in a certain major. Petr Janda wants to major in psychology while minoring in graphic design and feels this will be a good place for that. Jordan Saint-Louis is wanting to pursue a major in environmental science. Jacob Friedlander wants to study business. Jacob Denison also wants to major in business while playing soccer. Jabreel Adonis wants to study music and become a music producer. Devin Darrington wants to play in the NFL and is going to Harvard for the educational aspect. Aiden Brown wants to major in business and finance. Derrick Tangelo wants to study biology and go to medical school. Damani Neal wants to study kinesiology and become an athletic trainer.

The Bullis School is very proud of these young students for achieving their goals.

Too Expensive to Play Sports?

By Dilan Mendiratta

The cost of sports equipment, especially baseball and lacrosse has gotten really expensive. This is said to be because participation in these sports has risen by 4% in the last year. The leagues have also gone towards being more competitive and traveling rather than being recreational. Most families cannot afford the large fees for travel leagues and end up quitting because their recreational leagues aren't challenging enough and the players get bored.

I don't think this is a good idea. Just because more people are playing, doesn't mean the equipment should be getting more expensive. If the price is going to go up, then you will have fewer families that can afford to play. Kids who love to play baseball and lacrosse may not have the chance anymore to play. It shouldn't matter where you live or what your parents do, sports should be available for all. We should think about the kids who really want to play baseball or lacrosse but can't.

Genre Survey Results

By Drake Arnold

I surveyed the whole lower school as to their favorite book genre by grade. The choices included fantasy, adventure, historical fiction, poetry and mystery. These are the results.

- 2nd grade -adventure.
- 3rd grade -fantasy.
- 4th grade- fantasy.
- 5th grade -fantasy.
- The teachers -fantasy.

Overall, the genre of fantasy got the most votes.

Reviews

Mission BBQ

By Alexis Ewing

I chose to do a review on the new restaurant in Rockville, Maryland called Mission BBQ. This restaurant had its Grand Opening February 24, 2017. This is the 13th location in Maryland with over 40 locations across the US. I went to visit this restaurant Tuesday, April 4th after school with my Mom. It was very convenient and took us about ten minutes from school to get there.

The first thing I noticed when I walked in was how clean it was and how friendly the lady at the register was to take our order. She greeted us as soon as we walked in the door. My mom asked her a lot of questions on what she thought would be good and we took her suggestions. I ordered the kids ribs with fries and a soda. My mom ordered the pulled chicken with cornbread and an Arnold Palmer which is half tea, half lemonade. After we placed our order, we sat down and waited for them to bring us our food. While we waited I looked around the restaurant and noticed there were a lot of American and Maryland State flags, and pictures of a lot of historical stuff and people like the army, navy, police, and firefighters. I could tell that those things were important to the restaurant and the owners must really love America and respect the armed forces. I took a lot of pictures of the things

on the wall with my phone so that I wouldn't forget. When I sat back down our food came very quickly. I think that was because we were just one of the few tables there since we came right after school and it wasn't busy. The guy who brought our food out was so nice and asked us questions about how our day was and if we had been to the restaurant before. My mom and I explained this was our first time and we were actually there to do a review for my class article. He smiled and said he was sure we would enjoy our meal and wished me luck. Boy did we enjoy our meal. He was right!!!! First off they offered 6 bbq sauces at the table to put on my ribs! I mixed two together to make the perfect blend. The fries that came with my ribs had a special season salt on them that was so delicious. I tried my mom's chicken and that was also really good and so was her cornbread.

Overall I really enjoyed my trip to Mission BBQ. The restaurant was very clean, the staff was so nice and the food was awesome! I will definitely come back and would love to bring my friends!